



# NFNLP (USA) Certified & Updated 2018 NLP BASIC PRACTITIONER WORKSHOP

Duration : March 2, 3, 9 & 10, 2019 (4 full days)

Venue : A/C Hall, New 21, Old 11, 1st Main Road, Indira Nagar, Adyar, Chennai - 20

Timings : 9.00am to 6.30pm

Contact : 98410 70076

## Introduction

**Neuro-Linguistic Programming – NLP is the science of excellence.** It offers practical and rapid methods for personal growth and influence. It is the study of how people do things, how they think, process information, behave and about using what works and discarding what does not. NLP is used extensively in Business, Law & Sales and has seeped into every self-help or business communication book.

NLP began in psychology, helping therapists achieve quick, long lasting changes in their patients. Today it is used successfully in areas such as Personal Growth & Improvement, Work, Business, Therapy, Teaching, Training, Learning, and Quality Health Care.

## WHO WILL BENEFIT:

This course is essential for anyone serious about truly fulfilling his or her potential. It will benefit everyone from a recent graduate to a top executive, irrespective of profession or discipline. CEO's, Managers, Businessmen, Consultants, Trainers, Doctors, Lawyers, Accountants, Teachers and other professionals will find it rewarding.

An investment of 4 days and a nominal fee will give you insights and abilities you never thought possible. Receive the benefit of years of experience in just hours. You will bring home proven techniques to improve your client's lives NOW! You will be experiencing a personal transformation that will leave you inspired, informed and motivated

### *You will*

- › **Learn in 4 days.**
- › **Obtain hands-on experience in NLP**
- › **Sharpen your therapy skills in ways you never thought possible.**
- › **Learn everything you need to use NLP in your life now!**

## You will learn how to:

- ✓ Build and maintain rapport – the key to successful relationships
- ✓ Gather specific, high quality information from others and use it to achieve your outcomes
- ✓ Increase the range of what you see, hear & feel so you know more about what's going on
- ✓ Effectively use metaphors, as all great communicators do
- ✓ Generate practical, well-formed outcomes and how to achieve them
- ✓ Design interventions to move a person/ organization from a present state to a desired state
- ✓ Create the right context for successful individual and organizational change
- ✓ Change unwanted behaviors in positive ways
- ✓ Determine what is important to yourself and others
- ✓ See what is going on inside others
- ✓ Talk another person's language
- ✓ Create your own personal state of excellence
- ✓ Communicate clearly and effectively
- ✓ Make meetings work
- ✓ Mediate and negotiate more successfully
- ✓ Recognize and use powerful language patterns
- ✓ Develop your behavioral flexibility and creativity
- ✓ Be more at peace with yourself
- ✓ Help yourself others manage depression, stress & relieve any psychological deficiencies

*... And much, much more*

**MR K. ARAVAMOOTHAM**

B-4, Ganesh Apartments, 34, D'Silva Road, Mylapore, Chennai 600004. Tel: 24994357, 98401 03542

Email:aravamootham@gmail.com

## WORKSHOP CONTENT

- " Quick impact therapy
- " How to build & maintain multilevel rapport
- " How to maintain rapport with groups
- " How to see and hear expertly
- " How to improve personal/professional relationships
- " How to use client's resistance to your advantage
- " How to make rapid, lasting changes
- " How to access personal strengths and resources
- " How to solve problems at the subconscious level
- " Fast phobia cure - how to stop phobias in minutes
- " How to ask the right questions
- " How to change personal history. Change the way you remember your past. How to turn negatives into positives!
- " How to reframe your life
- " All types of anchoring techniques
- " Eye accessing cues
- " Re-parenting your inner child

### WORKSHOP LEADERS:

**Mr. K. ARAVAMOOTHAM**, Management Consultant, Corporate trainer and CERTIFIED GOLD MASTER TRAINER OF NFNLP, USA. He has over 25 years of rich experience in automobile and industrial selling and over 30 years in teaching and training all over India. He has conducted several NLP practitioner and master practitioner workshops in the last 30 years. He has trained in NLP under Dr.Richard Bandler, Dr.William Horton, Andrew Austin, Shelle Rose Charvet, Mark Andreas, Dr.Richard McHugh, Dr.Reza Borr, & Mr.Mick Lawrence and has undergone over 200 days of NLP workshop training. He is past President of The Hypnotique Circle (Madras) and past President of TA Study Circle (Madras).

**Dr. SUMATHI NARAYANAN**, Ph.D., Doctorate in Human Development, she is a Corporate Trainer with 40 years experience. She is President, Creative Communication and Management Center, Chennai. Trained in NLP under Dr.Richard Bandler, Dr.William Horton, Dr.Richard, McHugh, Dr.Reza Borr, Mr.Mick Lawrence, & Mark Andreas, she is a Certified MASTER TRAINER of NFNLP, USA. She uses and applies NLP in all her workshops. She is an ACA Certified Professional Supervisor for Counselors. She is currently Secretary, Chennai Counselors Foundation and also Founder member and former Secretary, TA Study Circle (Madras).

### How to Register :

Please return the Registration Form given below along with your cheque favouring "K. Aravamootham" payable at Chennai.

#### Registration Form - NLP Basic Practitioner Workshop

March 2, 3, 9 & 10, 2019 (4 full days)

Timings: 9.00am to 6.30pm

Course Fee - Rs. 16,000/- *Early Bird Special Fee on or before Feb 18, 2019* : Rs. 14,500/- (Repeaters: Rs. 5000/-)

To: Mr K. Aravamootham, B-4, Ganesh Apartments, 34, D'Silva Road, Mylapore, Chennai 600004. Mob: 98401 03542.

I am registering myself for the above workshop. My Cheque/DD in favor of K. ARAVAMOOTHAM payable at CHENNAI for Rs.----- towards the participation fee is enclosed.

Name -----

Address -----

Phone: ----- Mob: ----- Email: -----

\* This form can be used by individuals as well as company sponsored nominees.

**MR. K. ARAVAMOOTHAM**

B-4, Ganesh Apartments, 34, D'Silva Road, Mylapore, Chennai 600004.

Tel: 24994357, 98401 03542 Email: aravamootham@gmail.com

BANK Details for NEFT Transfer

Name : K.Aravamootham

SB A/c: 603701514650 I

IFS Code: ICIC0006037

ICICI Bank Ltd, Selaiyur Branch