

Creative Communication and Management Center

"Sundar-Sekhar House" New 120 (Old 112), Vepery High Road, Chennai 600003.
Mob: 98410 14626. E-mail: ccmcmadras@gmail.com. URL: www.ccmcinfo.com

SPEED READING & STUDY SKILLS

Here is a UNIQUE Training Program specially designed by combining two important basic skills.

"BEFORE YOU CAN READ TO LEARN YOU MUST FIRST LEARN TO READ"



SPEED READING

Did you know that 70% of the time you spend in reading is wasted?

Speed Reading helps you extract the maximum benefits in minimum time through a systematic development of greater awareness and heightened concentration. The ability to absorb useful information quickly is the greatest single aid to achievement in everyone's life. Universal literacy has brought us much value through books, trade journals, magazines, e-books etc., but most people are victims of bad reading habits without realizing it.

Some of the skills you learn are:

- To read with purpose?
- To be a flexible and versatile reader
- To increase your comprehension?
- To create an interest in what you read?
- To concentrate in your reading?
- To develop the art of mental questioning?
- To read faster, enjoy reading and save time?
- To develop creative note-taking techniques?
- To make a thorough systematic study?

This workshop enables you to read in half the time with better comprehension, guides and trains you to become a thinking, versatile and fast reader and enjoy the act of reading.

"A GOOD MEMORY IS ONE OF THE GREATEST ASSETS THAT ANYONE CAN POSSESS! "



STUDY SKILLS

Do you know that **OUR BRAIN** has the ability to **STORE ATLEAST TEN NEW ITEMS EVERY SECOND FOR A LIFETIME?**

And yet...a source of embarrassment and irritation to many people is that they forget important things. More than 80% of the information we receive through our five senses during our lifetime is lost because we are unable to retain it.

Some of the skills you learn are:

- How to remember facts and details?
- How to remember what you listen, read and study?
- How to get over absentmindedness?
- How to use your abilities of imagination? & visualization?
- How to develop accelerated right-brain learning?
- How to increase your power of observation?



FACULTY

Dr. Sumathi Narayanan Ph.D.,

*President, Creative Communication and Management Center,
Chennai.*

An ardent learner, she has done her doctorate in Human Development at the Department of Psychology, University of Madras. She is a Certified Master Trainer with NFNLP – USA NLP and has undergone extensive advanced training in the application of Transactional Analysis in organizations with ITAA - International Transactional Analysis Association. She is a powerful speaker, trainer and leader. Her strength lies in innovating and customizing programs to suit participants' needs. Her workshops are highly interactive. She has the flexibility to build rapport with all levels of participants, draw them out and motivate them to realize their potential. She has trained over 25,000 people in the last thirty eight years.

FOR WHOM

ANYONE interested in developing their reading, memory and learning skills are eligible and students above 10th standard are allowed.

Note: Participants should have a fair proficiency in English.

DURATION: Five evenings

DATE: September 22, 23, 24, 26 & 27, 2016

TIME: 6.30pm to 8.30pm

VENUE: A/C Hall, New No. 21, (Old No.11), 1st Main Road, Indira Nagar,
Adyar, Chennai – 600 020.
(Phone: 24912295) Mob: S.Narayanan -98410 70076

FEE: Rs. 3,000/- Per Person.

REGISTRATION: Please send Cheque or Cash with name, age, email ID, address and phone number to:

Dr. Sumathi Narayanan,
Creative Communication and Management Center
“Sundar-Sekhar House”, New 120, (Old No.112) Vepery High Road,
Chennai 600003 PHONE: 25381323, Mob: +91 98410 14626

EMAIL: ccmcmadras@gmail.com

URL: <http://www.ccmcinfo.com>

Bank account details: For NEFT/ Bank Transfer details our bank details are given below:
Creative Communication and Management Center
Current A/c No. 10631010035530
Oriental Bank of Commerce
L.B. Road, Adyar, Chennai 600020
IFSC Code: ORBC0101063